

# CCGI Camp 2023

## Morning Schedule: 3 Coaches

Time	Activity
7:30-8:30am	Check In / Color
8:30-9:30am	Gym Stretching Gym Circuit(s)
9:30-10:00am	Morning Snack
10:00-11:30am	Group Activities <b>3 Groups</b>
	<b>A - Gym</b> <b>B - Upstairs Gym</b> <b>C - Craft</b>
11:30am-12:00pm	Lunch
12:00-1:00pm	Movie & Rest

## Afternoon Schedule: 2 Coaches / 3 Coaches after 2:00pm

1:00-1:10pm	Bathroom Break Split up into Groups
1:10-2:00pm	Group Activities <b>2 Groups</b>
	<b>Group 1 - Camp Room</b> <b>Group 2 - Upstairs: Games</b>
2:00-2:10pm	Bathroom Break Divide into 3 Table Groups
2:10-2:30pm	Afternoon Snack
2:30-3:50pm	3 Groups
	<b>A - Gym</b> <b>B - Camp Room: Activity / Craft</b> <b>C - Camp Room: Board Games</b>
4:00-5:00pm	Centers Activity Movie
5:00-5:30pm	Movie Cleaning Camper Pick Up

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## Morning Schedule: 3 Coaches

Time	Activity
7:30-8:30am	Check In / Color
8:30-9:30am	Gym Stretching Gym Circuit(s)
9:30-10:00am	Morning Snack
10:00-11:30am	Group Activities <b>3 Groups</b>
	<span style="color: purple;">A - Gym</span> <span style="color: blue;">B - Upstairs Gym</span> <span style="color: green;">C - Craft</span>
11:30am-12:00pm	Lunch
12:00-1:00pm	Movie & Rest

## Afternoon Schedule: 2 Coaches

1:00-1:10pm	Bathroom Break Split up into Groups
1:10-2:00pm	Group Activities <b>2 Groups</b>
	<b>Group 1 - Camp Room</b> <b>Group 2 - Gym</b>
2:00-2:10pm	Bathroom Break Divide into 3 Table Groups
2:10-2:30pm	Afternoon Snack
2:30-3:30pm	<b>2 Groups</b>
	<b>Group 1 - Upstairs</b> <b>Group 2 - Camp Room</b>
3:30-4:00pm	<b>Group 1 - Camp Room</b> <b>Group 2 - Camp Room</b>
4:00-5:00pm	Centers Acvitivity Movie
5:00-5:30pm	Movie Cleaning Camper Pick Up